

**WHAT IS CLAIMED IS:**

1. A belt comprising:

5           a buckle base stamped from a metal plate, said buckle base having two upright sidewalls, two pivot holes respectively cut through said upright sidewalls, a transverse insertion slot extended between said upright sidewalls, two side notches respectively formed at said upright sidewalls in communication with two distal ends of said transverse insertion slot, a front  
10 knuckle, a longitudinal slot extended to a middle part of said front knuckle, and a prong pin pivotally disposed at a middle part of said front knuckle;

          a pivot, said pivot has two end rods respectively pivotally fastened to the pivot holes at said upright sidewalls of said buckle base;

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          a metal buckle frame, said buckle frame having a substantially rectangular open body fastened pivotally with said front knuckle and said prong pin;

20           an adjustment frame, said adjustment frame having a transversely extended middle rod and two insertion slots separated by said transversely extended middle rod;

          a tailpiece injection-molded from plastics, said tailpiece having an  
25 opening at a front end thereof, and a plurality of punch holes longitudinally

aligned in a line; and

a belt body made of elastic fabric, said belt body having a first end inserted through the insertion slots of said adjustment frame and fastened to the transversely extended middle rod of said adjustment frame with stitches, and a  
5 second end inserted through the transverse insertion slot of said buckle base over said pivot and then inserted through the insertion slots of said adjustment frame and fastened to the opening of said tailpiece with stitches.